## MEMORANDUM

myPotential<sup>™</sup> athome ♥

Date: November 24, 2020

To: All clients and team members

From: Elizabeth Taylor, Care Coach, Home Care Catherine McLean, Clinical Manager, Home Health

## Subject: COVID-19 Update

A National Lutheran Service

As we work together to continue efforts to reduce the spread of COVID-19 throughout the greater Winchester/Frederick County community, myPotential at Home remains committed to taking necessary precautions to mitigate the spread of the coronavirus. Currently the positivity rate in the Winchester/Frederick County area is about 10%, which has increased dramatically over the past three weeks.

Within the past two weeks, three myPotential at Home team members tested positive for COVID-19. Appropriate contact tracing was completed, and clients who were impacted were notified of their exposure to the virus. The team members are self-quarantining at home while they recover.

Out of an abundance of caution, last week, we completed universal testing on all myPotential at Home *asymptomatic* direct care team members. This enables us to further safeguard our clients against those who were unknowingly infected with the virus.

The National Lutheran Communities & Services Education team continues to provide enhanced instructions for all team members on proper use of personal protection equipment (PPE), which continues to be the best practice when it comes to protecting our clients and each other. Additionally, our team continues to use the standard precautions that have been in place since the beginning of the pandemic – daily temperature and symptom screenings before entering the client's home, proper use of PPE and appropriate hand washing techniques.

As a reminder, the best way to protect yourself against the virus is to practice the 3 Ws – wear a mask, wash your hands frequently, and watch your distance, remaining at least six feet from others.

Our number one priority remains the health and well-being of those that we provide care and services. If at any time you have questions or concerns, please contact the office at 540-450-0343.